



Charterwell  
The Learning Center

www.morristownnj.gov/education

# Morristown Elementary School Lunch

January 2012

Monday	Tuesday	Wednesday	Thursday	Friday
2 <b>New Years Day Observed</b> <b>School Closed</b>	3 Chicken Patty on whole grain Bun Potato Rounds Applesauce	4 Crispy chicken on bed of lettuce With shredded cheese Croutons, cucumbers Dinner roll Lite dressing Mixed fruit Cup	5 Barrilla Plus Penne with Meat Sauce Seasoned Peas Italian Bread Fresh Apple	6 Whole Grain Big Daddy Pizza Crinkle cut carrot Coins Fresh pear
9 BBQ Chicken Dunkers Chicken Nuggets with BBQ sauce dip Cheddar Cheese Fresh Apple	10 Creamy Macaroni and Cheese Breadstick Mixed vegetables Chilled Peaches	11 Crispy chicken on bed of lettuce With shredded cheese Croutons, cucumbers Dinner roll Lite dressing Fresh pear	12 Nachos with beef & cheese Vegetable Rice Pilaf Salsa Green Beans Chilled Fruit	13 Whole Grain Big Daddy Pizza Broccoli Salad With Dressing Fresh Fruit
16 <b>School Closed</b> <b>Martin Luther King's Birthday</b>	17 Grilled Cheese on whole wheat Tomato Soup Carrot coins Fresh Fruit	18 Crispy chicken on bed of lettuce With shredded cheese Croutons, cucumbers Dinner roll Lite Italian dressing Diced pear cup	19 Meatball Hero on whole grain roll Green beans Peach Cup	20 Whole Grain Big Daddy Pizza Broccoli Salad with Dressing Orange Wedges
23 French Toast Sticks Turkey Sausage Hash Brown Patty Peach Cup	24 Chicken Fajita Wrap Steamed Brown Rice Roasted Cauliflower Mandarin Orange Cup	25 Crispy chicken on bed of lettuce With shredded cheese Croutons, cucumbers Dinner roll Lite dressing Fresh pear	26 Turkey hot Dog on Whole Grain roll Cheese sauce Vegetarian Baked Beans Carrots Sticks Applesauce	27 Whole grain pizza Veggie of the day Tossed Salad Fresh fruit
30 Pasta Primavera Whole grain pasta tossed with fresh vegetables Italian bread Salad Orange	31 Twin Tacos Spicy turkey meat With Shredded Lettuce Salsa Corn Mixed fruit cup	All Entrees are offered w/ a choice of 3 sides from featured vegetables & fresh seasonal fruit, & a choice of low fat or Fat free milk Regular lunch 2.85	<b>Menu Questions or Comments? Please contact Michelle Mercer at 973-292-2000 ext 2111</b> Or michelle.mercer@msdk12.net	The School Lunch Program is operated in accordance with U.S. Department of Agriculture policy which does not permit discrimination because of race, color, sex, age, handicap or national origin. Any person who believes that he or she has been discriminated against in any U.S.D.A. activity should write to the Secretary of Agriculture, Washington, D.C. 20250.

## Entrée Alternates

**Mondays**  
Junior Turkey / Cheese on a Whole Grain roll w/ Lettuce & Tomato

**Tuesdays**  
Jr. Italian Hoagie on Whole Wheat Bun with Baby Carrots with Light Ranch Dip

**Wednesdays**  
Big Daddy Pizza  
Carrot stick  
Side salad

**Thursdays**  
Turkey Breast / Whole Wheat Bun/ Three Bean Salad

**Fridays**  
Yogurt/ Bagel lunch  
String cheese & cream cheese

## Daily Alternates

Peanut Butter & Jelly on Wheat /Cheese stick  
Baby Carrots  
or  
Turkey/ whole wheat with Lettuce  
Baby Carrots

All Entrees & Alternates come with Vegetable & Fruit of the Day & Choice of Skim or Low-Fat Milk